

Urban Crisis Survival Checklist (2025 Edition)

EMERGENCY FOOD & WATER

- Shelf-stable food kits (My Patriot Supply, 4Patriots, Amazon)
- Collapsible water containers or water bricks
- Water purification tabs or LifeStraw

LIGHTING & POWER

- Rechargeable tactical flashlight (Amazon)
- Compact solar generator (Jackery, EcoFlow, 4Patriots)
- Hand-crank radio/flashlight combo
- High-capacity power bank

COMMUNICATION

- NOAA emergency radio
- Walkie-talkies (for short-range use)
- Backup power for smartphone

BUG-OUT BAG BASICS

- Backpack with MOLLE system
- Fire starter or stormproof matches
- Folding knife or multitool
- First-aid kit (with trauma add-ons)
- N95 masks or better (for dust/smoke)
- Compact rain poncho and gloves

URBAN-SPECIFIC ITEMS

- Doorstop alarm (for apartments)
- Window security film (DIY application)
- Map of your city and backup escape plan
- Emergency cash in small bills

OFF-GRID POWER ADDITIONS

- Portable solar panels (Amazon or EcoFlow)
- Compact lithium battery generator
- Car power inverter (for phone/USB)

This checklist includes recommendations and affiliate links to vetted products.

Brought to you by Crisis Shield - Serious Urban Preparedness.